

# BANJO BOOGIE

Anita McNab

Choreographed by Anita McNab (April 2007 for the 6<sup>th</sup> Annual "The North Rocks" Cancer Fundraiser)

Description: 32 count, 4 wall, **Beginner Plus** line dance

**Music:** Ryan Shupe and The Rubber Band - Banjo Boy (kind of a funky hillbilly sound)

**NOTE:** When using this song, after 9 rotations of this dance, there will be 10 counts to hold, then start dance again but tempo of the **music will be faster** (start on 2<sup>nd</sup> strong downbeat) – dance 2 walls of this faster beat, then the first 8 counts and you're all done! (facing back wall, you can shuffle ½ turn at the end to face the front if you like)

**Teach to: Cowboy Up..(Radio Edit) Jill Johnson. Album: The Woman I've Become. iTunes Starts on Vocal (16 Counts)**

This dance will also go to all kinds of music of 32 counts.

## RT TOE IN, RT HEEL OUT, SHUFFLE FORWARD

1-2 Touch RT toe to instep of LT foot, touch RT heel (toes pointing out to RT)

3&4 Step forward on RT, step LT together, step forward on RT

## LT TOE IN, LT HEEL OUT, SHUFFLE FORWARD

5-6 Touch LT toe to instep of RT foot, touch LT heel (toes pointing out to LT)

7&8 Step forward on LT, step RT together, step forward on LT

## TOE PIVOTS X 4 (FULL TURN AROUND)

9-10 Touch right toe forward, push ¼ turn LT onto LT

11-12 Touch right toe forward, push ¼ turn LT onto LT

13-14 Touch right toe forward, push ¼ turn LT onto LT

15-16 Touch right toe forward, push ¼ turn LT onto LT

## CROSS ROCK RT OVER LT, RECOVER ON LT, RT SIDE SHUFFLE

17-18 Cross RT over in front of LT, recover weight onto LT

19&20 Step side RT, step LT together beside RT, step side RT

## CROSS ROCK LT OVER RT, RECOVER ON RT, LT SIDE SHUFFLE 1/4 TURN LT

21-22 Cross LT over in front of RT, recover weight onto RT

23&24 Step side LT 1/4 turn to LT, step RT together beside RT, step forward LT

## BRUSH TOE BACK, BRUSH TOE FORWARD, SHUFFLE FORWARD RT, LT, RT

25-26 Brush RT toe of shoe back beside LT, brush RT toe forward beside LT

27&28 Step forward RT, step LT together beside RT, step forward RT

## TOE/HEEL STRUT FORWARD ON LT, TWIST HEELS LT, RT, LT (ending weight on LT)

29-30 Step LT toe forward, drop LT heel in front of RT foot

31&32 Twist both heels, LT, RT, Centre (weight is on LT, ready to start the dance over)

## REPEAT